



THE DUKE OF  
EDINBURGH'S AWARD.

## BRONZE

Volunteering **3 months**

Physical **3 months**

Skills **3 months**

Expedition **2 days 1 night**



*PLUS a further 3 months in the Volunteering, Physical or Skills section.*

## SILVER

Volunteering **6 months**

Physical **one section for 6 months, the other for 3 months**

Skills

Expedition **3 days 2 nights**



*Plus an extra 6 months in the Volunteering, or the longer of the Physical or Skills sections if you haven't got Bronze.*

## GOLD

Volunteering **12 months**

Physical **one section for 12 months, the other for 6 months**

Skills

Expedition **4 days 3 nights**



Residential **5 days 4 nights**

*Plus an extra 6 months in the Volunteering, or longer of the Skills or Physical sections, if you haven't got Silver.*

# How long does a DofE programme take to complete?



Each section

**1 HOUR**

average per week

## STARTING AGES:



All Awards must be completed by the participant's 25th birthday